



COOKING & REHEATING INSTRUCTIONS

Tourtières

Defrost.

Remove plastic wrap. Leave tourtière in its foil pan.

Reheat in a 375°F oven for approximately 20 minutes.

Casseroles

Defrost.

Remove paper lid. Leave casserole in its foil container.

Reheat in a 350°F oven until warmed through.

Pizza

While still frozen, remove from wrapper. Take pizza off gold cardboard round.

Place directly on oven rack at 400°F for 12-15 minutes.

Fish cakes

Defrost.

Remove from wrapper.

Brown on both sides in a combination of butter and oil over medium heat.

Finish in the oven at 350°F.